

## OUR PURPOSE

LARC ensures that individuals with intellectual and developmental disabilities can live a quality and engaging life by participating as contributing members of their community.

## OUR MISSION

LARC paves pathways through individualized supports and services so people with intellectual and developmental disabilities can experience a self-directed lifestyle.



## OUR VISION

LARC envisions an inclusive society that embraces the individuality of each person with intellectual and developmental disabilities.

## WORK

LARC operates a 16,000 square foot facility in Lansing, serving 100 individuals daily, as part of its Community Day Services program.



It provides a variety of person-centered structured activities to support individuals so they may achieve their highest potential. Individuals learn vocational skills, functional academics, self-care, gross and fine motor skill enhancement and communication skills.

Through a process known as "discovery," individuals experience different aspects of the community and learn about the numerous opportunities that could be available to them. Job training offers individuals an opportunity to become skilled workers through community work crews and individual job placements.

LARC is committed to providing ongoing supports to ensure that individuals and employers have the tools necessary for successful community integrated employment.



## LIVE

LARC operates 11 single-family group homes, serving 44 individuals daily, as part of its Community Integrated Living Arrangement (CILA) program.

All our 4-person homes are located throughout the Lansing community and provide opportunities for individuals to successfully integrate and contribute in the community.



Individuals receive 24-hour supervision and person-centered supports that include assistance with home living activities. This includes cooking, self care, laundry, shopping, voting, budgeting as well as planning and attending social activities in the community.

Individuals learn to become as independent as possible, and have opportunities to learn new skills. Individuals are encouraged to become active in the community. They visit local establishments, engage in community and events regularly, and become active in their church and favorite civic organizations.

For individuals living in their family home, LARC's professional staff are available to provide self-directed assistance through the Home Based Services Program. This may include help in navigating the program, obtaining specialized services such as counseling or behavioral therapy, and even personal support services.

## PARTICIPATE

Community outings provide individuals with opportunities to leave their day program or home to engage in meaningful experiences with new people, nature, art, culture, history, and music. Some individuals often become interested in volunteering for or becoming members of their favorite clubs, charities and civic organizations.

LARC encourages individuals to be self-advocates. Individuals learn their strengths, become aware of their weaknesses and learn strategies to overcome them, so they may effectively communicate their needs to others. Some of our most successful self-advocates participate in meaningful community or civic activities that speak to their own concerns and rights as citizens.

Many individuals in LARC's programs participate in Special Olympics and have therapeutic recreation opportunities. We also host a number of events and dances throughout the year and individuals become actively involved in planning and preparation.



Our Community Day Services program also provides alternative options for our elderly population, for whom community employment is generally not desirable. Our continuum of care for seniors include physical fitness, technology skills building, cognitive and memory enhancement, social outings and music appreciation.

19043 WENTWORTH AVENUE  
LANSING, IL 60438



# LARC

**SERVING INDIVIDUALS  
WITH INTELLECTUAL AND  
DEVELOPMENTAL DISABILITIES**



**19043 WENTWORTH AVENUE  
LANSING, IL 60438  
(708) 474-1540**

## OUR VALUES

- **Advocacy:** LARC provides self-directed supports that help individuals understand their choices so they can make informed decisions about their own lives.
- **Belonging:** LARC cultivates accessibility within the community so that individuals can develop meaningful connections, and communities become more inclusive.
- **Collaboration:** LARC believes that creating a more diverse and accepting community, requires partnerships and teamwork. A collaborative mix of voices leads to better discussions, decisions, and outcomes for all.
- **Compassion:** LARC empathizes with individuals we support and their families, and values how they think and feel.
- **Dignity:** LARC recognizes the worth of each person; treating them and their choices with respect, honor, and fairness.
- **Diversity:** LARC celebrates, respects, and embraces the differences among us because these differences strengthen and define us.
- **Excellence:** LARC believes that an emphasis on innovation, increasing knowledge, and promoting self-discovery leads to greater independence for individuals.

## FOR MORE INFO

[www.larclansing.com](http://www.larclansing.com)



So we can better assist you, please complete the following and return to:

LARC  
19043 Wentworth Avenue  
Lansing, IL 60438

\_\_\_\_\_  
Your Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Daytime Phone

\_\_\_\_\_  
Email

Please list what areas of interest you have with LARC.

- |   |  |
|---|--|
| <input type="checkbox"/> Services                 | <input type="checkbox"/> Contract Work |
| <input type="checkbox"/> Employment               | <input type="checkbox"/> Internship    |
| <input type="checkbox"/> Networking               | <input type="checkbox"/> Volunteerism  |
| <input type="checkbox"/> Fundraising/Philanthropy |  |